



**2010
CAYUCOS BEACH JUNIOR LIFEGUARD PROGRAM
Junior Lifeguard Volunteer Aide
Tryout Information**

Cayucos Beach Junior Lifeguard (CBJG) Volunteer Aides are in essence beach lifeguards in training. They assist staff in the daily operations of the program. Volunteers learn role modeling and mentoring skills while becoming familiar with lifeguard responsibilities. Volunteers practice observation and hazard recognition skills. The ultimate goal of Volunteer Aides is to prepare them for tryouts and interviews for surf lifesaving jobs including instructors, pool, and beach lifeguards. This is a great opportunity for youth wanting to work for SLO County Parks. This volunteer opportunity should be taken seriously and we consider it a “3 week interview” for future employment as a San Luis Obispo County Parks Lifeguard.

REQUIREMENTS TO BECOME A CBJG VOLUNTEER AIDE

1. You must be a minimum age of 14 years by June 1, 2010.
2. You must be available to work a full 3-week CBJG Program session.
3. You must have participated in the Cayucos Beach JG Program in 2008 and 2009.
4. You must email a completed 2010 CBJG Program Registration Form to Stacey King at sking@co.slo.ca.us. Make sure to write “Volunteer Aide Candidate” on the top of the registration form. You will be charged for the JG Program but refunded the full amount if you are chosen as one of our program volunteers.
5. You must attend the CBJG Volunteer Aide Tryouts on Friday, June 4th at 5:00 pm. Meet at the Cayucos Beach Junior Lifeguard Tower. Tryouts will include:
 - a. 500M Open Water Swim
 - b. Run-Swim-Run
 - c. Oral Interview.

EXPECTATIONS

- We are expecting you to work and not “hang out” with your buddy who’s in the program.
- Wear a clean, appropriate uniform daily.
- Follow directions in a timely manner.
- Be responsive to constructive criticism, including instructor evaluations.
- Be on time.
- Show appropriate respect for yourself and others.
- Communicate concerns promptly to Instructors and/or Program Coordinator.
- Be a mentor and roll model for all Cayucos Beach Junior Lifeguard Program participants.

VOLUNTEER AIDE BENEFITS

- Develop job skills, work habits, and leadership qualities.
- Prepare for Lifeguard Training.
- Junior Lifeguard Program and Training Tuition is waived.
- CBJG Program uniform items are provided.
- “Community Service” hours are available.

Tryouts for both sessions are Friday, June 4th, at 5pm. There will be no make-up date.

Questions? Email Stacey King, Park Operations Coordinator at sking@co.slo.ca.us.